

"Raising Resilient Children and Adolescents in a Stress Filled World"

With Nationally Known Speaker and Author,

Dr. Robert Brooks

Tuesday, October 25, 2011

RJ Grey Junior High School Auditorium

16 Charter Road Acton, MA

7:00 p.m. – 9:00 p.m.

What you can expect to learn:

- How to build "islands of competence" for our children
- Identify strategies to nurture self-discipline, responsibility and resilience
- Why some children have trouble developing a positive self-image

Bring your questions for the "Q&A" session following his presentation.

"Dr. Brooks is a nationally and internationally recognized speaker who exudes warmth and humor in his presentations as he shares insights and anecdotes about life. He is the author of 14 books that provide tips for raising children in tough times."

This program is sponsored by Acton-Boxborough Coalition for Healthy Youth (ABCHY) and with financial support from Danny's Place.

Suggested donation of \$10 (ten dollars) per family is gratefully accepted to help defray expenses for this program.

For more information call the ABCHY phone line at 978-844-6124 or find us on the web at www.abchy.org