Directions

The Hoagland-Pincus Conference Center is centrally located off of I-290, I-495, I-90, Rte. 146 and Rte. 9.

By car: use directions below or visit <u>www.umassmed.edu/conferencecenter/Direc</u> <u>tions.aspx?linkidentifier=id&itemid=4112</u>

From Route 9 West: Westbound from Westborough Rte. 495: Proceed West past Route 140 in Shrewsbury, continue to the second stop light (Oak Street); Turn Right on Oak & proceed to a stop sign. This is Maple Avenue. The entrance to the conference center is directly across the street. The Hoagland-Pincus Conference Center is the first building on the right.

From the Mass Pike (I-90): Westbound from Boston: Take exit 11A to Route 495 North to Route 9 West. Eastbound from Springfield: Take Exit 10 to Route 290 East.

From I-290: Eastbound from Auburn: Proceed on Route 290 East to Exit 22 - Main Street, Shrewsbury. At end of ramp go right onto Main Street.

Westbound from Marlborough: Proceed on Route 290 West to Exit 22 - Main Street, Shrewsbury. At end of the ramp go left onto Main Street.

Once on Main Street: Proceed on Main through the first set of lights and up the hill. Take right onto Gage Lane (1st right after passing St. John's High School). Follow Gage Lane to the end. Turn right onto Maple Avenue. Proceed 0.5 miles, turn right at the maroon sign for UMMS Worcester Foundation Campus. The Conference Center is the 1st building on the right.

By bus: Bus Route 15. Bus schedule available at <u>www.therta.com</u>.

By train: The closest train station is Union Station in Worcester; then take the bus or a cab to the Center. Information for the Framingham/Worcester commuter line is available at <u>www.mbta.com</u>. Funding provided by the U.S. Department of Health & Human Services, Health Resources & Services Administration, Maternal and Child Health Bureau, Division of Services for Children with Special Health Needs, Grant # H84MC08005 to Massachusetts Family Voices @ the Federation for Children with Special Needs. The funding was made available through the Patient Protection and Affordable Care Act.

Federation for Children with Special Needs The Schrafft Center 529 Main Street, Suite 1102 Boston, MA 02129





A Conference for Families Raising Children & Youth with Special Health Care Needs

Tuesday, November 15, 2011 9:00 am – 3:00 pm

Hoagland-Pincus Conference Center 222 Maple Avenue Shrewsbury, MA 01545 508-856-5813

Hosted by the Massachusetts Family-to-Family Health Information Center, a project of Massachusetts Family Voices @ the Federation for Children with Special Needs



1-800-331-0688, ext 301 massfv@fcsn.org www.massfamilyvoices.org

Conference Purpose

Joining Voices, an annual event, is an opportunity for families raising children & youth with special health care needs (**CYSHCN**) to learn about health care services, community supports, and the importance of partnering in decision-making with health care providers, other providers, systems of care, and with policymakers to ensure their children receive needed services and their families are satisfied with those services.

This conference is FREE! Space is limited. Priority given to family members with CYSHCN. Registration Deadline: October 28, 2011

To Register:

- e-mail: <u>massfv@fcsn.org</u>
- phone: 1-800-331-0688, ext. 301
- on-line: www.massfamilyvoices.org
- fax: 617-572-2094 (attn: Beth or Bonnie)
- mail: FCSN, attn: MA F2F HIC The Schrafft Center 529 Main Street, Suite 1102 Boston, MA 02129

Registration Form
Name:
Address:
Phone:
E-mail:
Family Member of a CYSHCN: YesNo
Organizational Affiliation, if any:
Morning Workshop: Circle One: A, B or C
Afternoon Workshop: Circle One: D. E or F

Conference Agenda

9 – 9:30 Registration & Breakfast

9:30 – 9:45 Welcome

9:45 – 10:30 Keynote: The Unplanned

Journey. Denise C. Garlick, RN, State Representative. *Representative Garlick will share her personal journey parenting a child with special needs and discuss avenues for leadership, the power of advocacy on the local, state, and national level, and strategies for finding the energy to work for systems improvement and change.*

10:30 - 10:45 Break

10:45 - 12 Morning Workshops (Select one)

A. Secrets to Social Success: Helping Children Make & Keep Friends. Donna Shea, Director, Peter Pan Center & Nadine Briggs, Founder, Social Smart Kids. Explore the barriers to friendship that may prevent a child from having positive peer relationships. Learn how to help a child recognize and overcome these barriers, how to "call out the obvious," and the important role parents & educators play in social coaching.

B. iDevices in the Schools: Communication and More! Kristi Peak-Oliveira Easter Seals of MA. Learn about iDevices and other communication Apps that help students be successful communicators at school and promote social interaction.

C. Supporting Children & Youth with Mental, Behavioral, & Emotional Health Needs at Home, at School, & in the Community. Dr. Lisa Fortuna, CANDI Child & Adolescent Psychiatrist & Mary Lambert, Parent Family Support Specialist, Parent/Professional Advocacy League. Learn about community & school based prevention, mental health interventions and risk factors that need to be considered by educators and families in addressing the educational needs of adolescents with emotional behavioral challenges.

12 – 1:30 Lunch, Networking, Exhibits

Help yourself to lunch (provided) and then join a topic-specific round table discussion or enjoy general networking time with others. This is an opportunity to share information, ask questions, learn from each other, and visit with exhibitors.

1:30 – 2:45 Afternoon Workshops (Select one)

D. Put On Your Oxygen Mask First: Caring For Yourself. Mary Castro Summers & Gloria

For Yoursen. Mary Castro Summers & Gloria Klaesges, Family TIES of MA. Parents of children with special needs have long "to do" lists. Are YOUR NEEDS always last on the list? Explore why we avoid self-care, the benefits derived from addressing our own needs, general how to do it, and when.

E. Got Transition? Patti Hackett, MEd national consultant on transition & inclusive practices for CYSHCN. *Preparing for health care transition does not have to be overwhelming. Learn about your role and how to make it easier for your child/youth. Come with questions – leave with answers and tools.*

F. MassHealth Disability Determination.

Kathleen Nichols, Customer Service Manager, Disability Evaluation Services. *Learn about the MassHealth disability determination process, the clinical listings used to make a determination, and the information you need to provide to ensure your child/youth's application is complete.*

2:45 - 3:00 Evaluations & Good-Byes

Questions? Call Beth or Bonnie at 1-800-331-0688, ext. 301 or e-mail massfy@fcsn.org.